

SEX THERAPY

A specialized program dedicated to resolving sexual problems and enhancing sexual relationships

ELYSE STEIN BATOFF

Licensed Psychologist

*Licensed Marriage and Family
Therapist*

(215) 741-1266 ext.2



SERVICES:

Help individuals and couples with a wide range of sexual problems and issues including:

- Hypoactive Sexual Desire
- Female Sexual Arousal Disorder
- Female Orgasmic Disorder
- Dyspareunia (painful intercourse)
- Vaginismus
- Sexual Aversion
- Male Erectile Disorder
- Premature Ejaculation
- Male Orgasmic Disorder

In addition to these classically defined disorders, I can help people with issues such as:

- Sexual Addiction
- Affairs
- Sex through the Aging Process
- Sexual problems stemming from Infertility, Cancer or other Medical Conditions
- Overcoming Trauma such as Sexual Abuse and Rape
- Specific issues related to Gay and Lesbian couples or individuals

I also provide sex education and sexual enrichment for couples who want to improve or enhance their sexual relationship. Recapturing lost sensuality, restructuring sexuality after childbirth, or becoming comfortable with one's own and one's partners' sexuality are all common situations with which I can help couples.

IT'S NOT UNCOMMON

One out of every two patients treated by medical or mental health professionals will experience a major sexual problem at some point in his or her life. When other difficulties are added such as insufficient foreplay or after play, two-thirds of men and women will experience problems. Yet, relatively few seek professional help.

WHY? Many people are uncertain about where to find help. Others are embarrassed or ashamed. Still others don't believe that therapy can help. If they get treatment from someone who doesn't have specialized training in sex therapy, they may get discouraged and the problem may worsen.

COLLABORATION

I believe strongly in a collaborative approach. My evaluation and treatment process includes consulting with the referring physician, exchanging information and providing feedback regarding my initial findings. I also consult in coordinating treatment when that is in the best interest of the patient and after obtaining patient permission. A team approach is often helpful due to the complex nature of these problems and the fact that the physical and organic aspects of sexuality are intertwined with the internal and external psychological world of the person.

I CAN HELP

My approach to treatment is integrative and includes modalities such as behavioral, cognitive, psychodynamic, and systemic.

Sexuality is one of the great joys of life that bonds couples together and can allow the individual to feel a greater sense of happiness, wholeness, and freedom in his/her own life.

Sexual problems may reflect problems at many different levels in the couple ranging from the lack of communication to underlying intimacy problems. The resolution of the couple's problems may be necessary to remedy many sexual problems since these factors may impede or sabotage the couple from being able to develop a more satisfying sexual relationship.

MAKING REFERRAL

Patients may be referred for sex therapy in one of two ways. They can directly call me to set up an initial appointment. If you are a physician and would like to consult about a patient, please contact me and let me know that your patient is interested in coming in and you would like me to contact that patient directly.

INQUIRIES AND APPOINTMENTS

For more information or to make an appointment, please call:
Elyse Stein Batoff at (215) 741-1266 ext.2
Council for Relationships
One Oxford Valley, Suite 310
Langhorne, Pa. 19047

COUNCIL FOR
Relationships