

Stephen R. Treat, DMin, LMFT



Senior Therapist, University City and Spring House Offices
CEO Emeritus

Phone: 215-382-6680 ext. 3123

Email: streat@councilforrelationships.org

Dr. Stephen R. Treat is a Senior Therapist and former Director and CEO of Council for Relationships, the nation's oldest and largest counseling agency. In his role as CEO, he managed the running of 14 clinical offices throughout the Greater Philadelphia area, numerous professional and public educational programs, and his own busy clinical practice as CFR. Dr. Treat continues to see clients, teach at Thomas Jefferson University, consult with family businesses. He is an in-demand speaker, consultant and media expert. He has been on local television programs such as NBC-10's 101 Show, CBS3's Talk Philly, and local news programs. He has

appeared on national television shows, such as the Today Show. He's also been featured on numerous radio programs, and is often quoted for newspaper and magazine articles.

Dr. Treat works with individuals, couples, families and businesses to foster an understanding of how family systems work and how they improve. Additionally, he speaks and consults with universities, schools, religious organizations and nonprofits.

Dr. Treat received his doctorate from the Andover Newton Theological Seminary in 1976. He completed post-doctoral work in Human Sexuality at the University of Pennsylvania and the Marriage and Family Therapy Training Program at Council for Relationships in 1981. He is licensed to practice marriage and family therapy in the state of Pennsylvania. In addition to being an instructor in Psychiatry and Human Behavior at Thomas Jefferson Medical College, he is a Clinical Member and Approved Supervisor in the American Association for Marriage and Family Therapy, a member of the American Association of Pastoral Counseling.

Dr. Treat has co-authored two books, *Pastoral Marital Therapy* and *Couples in Treatment: Techniques and Approaches for Effective Practice*. In addition, he has published numerous book chapters and articles on process and content of marital and family therapy.

