Dr. Sara J. Corse is a highly skilled and dedicated licensed clinical psychologist with 27 years experience working with individuals, couples, families and organizations. Her areas of expertise include depression and anxiety, grief and loss, trauma, couples communication and intimacy, work-life balance, family conflict and parenting effectiveness. She works with couples at all stages of family development, from pre-marital counseling to families with adult children.

Dr. Corse is the Director of the University City Office of Council for Relationships, the Director of Council for Relationships’ Community Partnership Initiative, and a supervisor and teacher in the Thomas Jefferson/Council for Relationships Masters in Couple and Family Therapy training program. A 1987 graduate of the Clinical/Community Psychology program at the University of Maryland, Dr. Corse began her career as a clinical research professor at the University of Pennsylvania. She conducted research on the effectiveness of various treatments for mental illness and substance abuse. She maintained a busy private practice before coming to the Council in January of 2006.

Dr. Corse, a member of the American Psychological Association, is the author of "Cradled All the While: The Unexpected Gifts of a Mother’s Death”. In the midst of her career and child rearing, and having lost her father at a young age, Dr. Corse became her mother’s primary caregiver through to her death from cancer. The themes encountered throughout this memoir parallel the issues dealt with in practical grieving resources. It is a story of healing, as the often-strained relationship between Dr. Corse and her mother is transformed as they negotiate this life passage. In a review of the book, Dr. Stephen Treat had this to say: “Sara’s description of complex relationships, her needs and the acceptance of needs unmet, are stories to which thousands of people will relate. The working through of emotions, desires and wishes will be points of identification and direction for many readers.”

Clients are drawn to Dr. Corse for her engaging style, her deep caring and her effectiveness in helping clients resolve and heal troubling emotions and relationships. Her approach is integrative and includes training in EMDR, a modality that helps clients resolve traumatic events interfering with present life and relationships.

Dr. Corse presents seminars and workshops at a variety of for-profit and non-profit organizations on such topics as life balance, parenting, loss and grief, and emotional and spiritual issues in caring for the dying and grieving. Dr. Corse can be reached at 215.382.6680 extension 3117, or at scorse@councilforrelationships.org.