Dear Supporters:

Fiscal Year 2019 was a great year of building for Council for Relationships. We grew in many ways and we set the stage for success for our current fiscal year.

First and foremost, we provided services to almost 6,000 people – a 10% increase over the prior year. This growth is due to the hard work of Council’s more than 100 dedicated therapists, psychiatrists and interns – as well as all of the other staff members who make our services possible.

Council enjoyed a number of other achievements during the year, many of which are highlighted in this annual report. In addition, we:

- Completed our first full year of partnership with Headstrong, enabling us to provide crucial services to qualified veterans free of charge;
- Doubled our professional development workshop offerings, in addition to providing our Master’s Program (in partnership with Thomas Jefferson University) and our Post-Graduate Certificate Programs in Couple & Family Therapy and Sex Therapy;
- Renovated our University City office which created four additional counseling offices so we can serve more people, and many months after completion, still elicits compliments from those who remember the dated interior.

Perhaps most remarkably, we set the stage for what we believe was a milestone in Council’s history: on November 9th when about 375 people celebrated Steve Treat’s remarkable career and all of his contributions to Council for Relationships, organizationally, and to so many people, personally. We are pleased to have a special insert commemorating the Steve Treat Tribute Dinner in this Annual Report.

As a result of early sponsorships received for the Tribute Dinner and initial commitments for special initiatives we are starting (and about which you will learn more), we almost doubled funds raised in Fiscal Year 2019 compared to the previous year. Clearly, we could not have accomplished that without your support – both literal and figurative.

Thank you for a great year and we look forward to growing even stronger in 2020.

Patti Owens
Board Chair

Deb D’Arcangelo
CEO
COUNSELING
Our therapists, psychiatrists, and supervised interns provide individual, couple, family and group therapy to more than 5,000 people each year at Council’s 10 offices and 14 partner locations.

EDUCATION
We train the next generation of clinicians through our Master’s and Post Graduate Programs in Couple and Family Therapy and Sex Therapy, and continuing education workshops for behavioral health professionals.

RESEARCH
Research, such as the Transcending Trauma Project, explores how we can better provide therapy services to all.
2019 HIGHLIGHTS

Online Therapy Program Launched

In Fiscal Year 2019, Council for Relationships launched an Online Therapy program for clients anywhere in Pennsylvania. This program makes it possible for clients who may not be able to come to one of Council’s offices to access the same high-quality therapy services available in person. Over half of Council’s therapists are trained to provide online therapy.

Master’s Program in Family Therapy

The Master’s in Family Therapy is a fully-integrated program with the Community Trauma Counseling program under the Department of Counseling & Behavioral Health at our partner organization, Thomas Jefferson University. In 2019, a group of students traveled to Morocco to learn about mental health services in other parts of the world. The students traveled to hospitals, orphanages, and senior citizen homes. They provided counseling services with the help of faculty supervisors and interpreters.

Long-Time Therapist, Council Leader and Educator Steve Treat Honored at Tribute Dinner

This past November, Steve Treat received the Dr. Emily Hartshorne Mudd Award and was honored at a dinner attended by about 375 people. The event, which paid tribute to Steve’s remarkable career, raised over $550,000 for Council’s work with underserved communities. More information about the event and its supporters is detailed in the special insert.
WORK WITH UNDERSERVED COMMUNITIES

Council’s work with underserved communities, reaching more than 2,000 people in Fiscal Year 2019, is at the heart of our mission:

Low Fee Therapy Services

Therapy Services are provided on a sliding scale, by closely-supervised interns, which allows access to services regardless of ability to pay. More than 1,100 people benefited from these services this past year.

Community Partnerships Initiative Brings Counseling to Underserved Communities

Council provides free counseling services through on-site partnerships with 14 organizations that serve individuals and families experiencing homelessness, children living in economically challenged neighborhoods, and immigrants and refugees. In Fiscal Year 2019, Council expanded the Community Partnerships Initiative by having Staff Therapist Ryan McMillian on-site at Project HOME for a day and a half each week.

Operation Home & Healing for Veterans and Their Families

Operation Home and Healing (OHH) provides counseling by specially-trained therapists for veterans, active service members, and their families. Military cultural competency training is also offered to behavioral health care providers at Council and in the area, so that even more veterans, active service members, and their loved ones will benefit from therapy that is most effective for them. OHH is the Philadelphia-based organizational partner of the renowned national Headstrong program.

Transcending Trauma Project Applies One-Of-A-Kind Research on Holocaust Survivors to Other Communities

Transcending Trauma Project (TTP) has examined how 98 Holocaust survivors have coped, adapted and rebuilt their lives. TTP is one of the only such projects to study the resulting intergenerational transmission of trauma and to focus on family dynamics as an indicator for coping and resilience. This past year, TTP completed a strategic plan so that the valuable lessons learned from its research can be applied to help others experiencing trauma. This past May, we hosted the discussion “Trauma and Resilience: An Intergenerational Conversation with Children and Grandchildren of Holocaust Survivors.”
**FINANCIALS**
Fiscal Year 2019
July 1, 2018 - June 30, 2019

### Revenue
- Clinical: $3,857,000
- Education and Training: $907,000
- Contributions: $684,000
- Other Income: $9,000

**Total Revenue**: $5,457,000

### Expenses
- Clinical: $3,612,000
- Education and Training: $1,013,000
- Fundraising and Marketing: $249,000
- Management and General: $455,000

**Total Expenses**: $5,329,000
Our Work in FY2019
Quality therapy services for all, regardless of ability to pay.

Low and No Fee Therapy

2,011 clients received low or no fee services
897 free therapy sessions on-site at 14 partner organizations
1/3 clients received low or no fee therapy services

Operation Home and Healing

198 veterans, active military members, and their families received services

5,971 total clients served
37,672 hours of counseling

On-Site Community Partners
- Acts Christian Transitional Services
- Boys Latin Charter School
- Concilio
- Eliza Shirley House
- HELP Philadelphia
- HMS School for Children with Cerebral Palsy
- Homefront Family Services
- Mastery Charter School
- Mothers’ Home
- Nationalities Service Center
- Philadelphia Interfaith Hospitality Network
- Project HOME
- Red Cross House
- Southwark School

Other Partners
- Focus on Fathers/ Health Promotion Council
- Supervision To Aid Re-Entry
Our Supporters in FY2019

We are grateful for the support of the following donors:

ORGANIZATIONS

AmazonSmile Foundation  
Ardmore Rotary Foundation  
Austelle Foundation  
Bank of America Charitable Gift Fund  
The Brind Foundation  
Care ^2 Fund at USLI  
Christ Church Philadelphia  
D’Arcangelo and Dippold Family Fund of the Princeton Area Community Foundation  
Hilda and Preston Davis Foundation  
Fidelity Charitable  
Germantown Jewish Centre  
The Gordon Charter Foundation  
Investors Foundation  
JP Morgan Chase Foundation  
The MAJiK Foundation  
McCausland Foundation  
Microsoft Matching Gifts  
National Liberty Museum  
Paul L. Newman Foundation  
PeelerBlack Fund  
Daniel Tabas Family Foundation  
TechSoup  
Wiener Family Charitable Fund

INDIVIDUALS

Linda Abrams  
David and Hallee Adelman  
Keith Anderson  
Anonymous  
James and Mary Jane Ask  
Betsy and Tom Balderston  
Will Barnes  
Frederic Baurer and Sharon Pollack  
Marilyn Baurle  
James and Carol Beers  
David Behrend  
Barry and Ina Bell  
Jonathan Bell  
Thulisiwe Beresford  
Chuck and Martie Bernicker  
Patricia Bevenour  
Patricia Binder  
Philip Blumenkrantz  
Ed Blumstein and Susan Perloff  
Clarke and Barbara Blynn  
Robert Boyd  
Ellen and Michael Braffman  
Ira Brenner  
Graham Brent and Karen Miller
FY2019 Supporters

INDIVIDUALS continued

Dave Bricker
Rita Brouwer-Ancher
Rev. David W. Brown
Elinor and James Buck
Rev. Geneva M. Butz
Jim and Anne Carino
Elise and Martin Ciner
William and Sandra Coffey
Barry Coleman
Ben Coltvet
Sara Corse
John and Lyn Coyne
Ron Crouch
Ingeborg and Daniel Damstra
Alaina D’Arcangelo
Deb D’Arcangelo and Ed Dippold
Diane D’Arcangelo
Kristin Denison
Marsha and Robert Denison
Donna and Peter Dimella
Maurine Doggett
Wendy Epstein
Anna May Feige
Kilian Fritsch
Stephen and Diane Gadomski
Eliaot and Lea Keil Garson
Jeff Gibbard and Erica Chen
Lauren Gilchrist
Allan Goldberg
Edward Goldberg
Janet and Joseph Goldblum
Jennifer Goldenberg, Ph.D., LCSW
Joy and Brian Goldstein
Lupe R. Gonzalez
Jonathan Gould, PhD, ABPP and
   Nicki Fisher, Esquire
Susan and Harold Gordon
Julie Greenberg
Susan and Robert Gretz
Zvi and Have Grunwald
Dana Hall
Elizabeth Hamilton
Lisa Handler
Elizabeth and Jason Harris
Shelley and Steven Harris
Robert Heasley
Karen and Jeff Heft
Lisa S. Hoffstein
Heidi and James Hole
Bruce and Cynthia Innis
Nancy Isserman and Joel Horwitz
Karen and David Ix
Raymond and Dorothy Ix
Betsy Joyce
Elaine and Gilbert Kasirsky
Judith Kastenberg
Robert and Melissa Kathol
Thomas J. Kebba
Steven Kempf and Patti Noble
Arthur Kiron
Tara Klemash
Hannah Kliger
Susanna Lachs
Paul and Mary Lanken
FY2019 Supporters

INDIVIDUALS continued

Donna Lepsky
Judith and Howard Levin
Julie and Jerry Levitt
Shefali and Amrish Macedo
Dana and Roddy Marino
Joan M. Mashura
Nicole Matthews
Kellen McKinney-Gavidia
John and Karen McMeekin
Henry McNeil
Sue and Walt Milbourne
Ellen Mishel
Peter and Martha Morse
Susan Moul
Charles Muorah
Stanley Muravchick and Arlene Olson
Christopher Mussell
Susan Neumann Gordon
Marie Olwell
Aaron Onelangsy
James and Carol Overend
Patricia Owens and Jeffrey Saltz
Charles Parker
Kenneth Peoples
Robert L. Perkel, MD
Ted and Anne Peters
Mindelle and Ira Pierce
Alexandra Pinz
David and Alecia Pittinsky
Lucy and David Raizman
Ross Rieder
Shirley K. Robinson

Laurel Roe
Stephen and Peggy Roth
Daniel Rubin
Ernie Russom
Jamie and Daniel Schwartz
Wanda Sevey and Ruth Anne Taylor
Virginia Sherr
Penny and Mitchell Shore
Priscilla and Jeffrey Singleton
Miriam Solomon
Gabriel and Ellen Spector
Ivan and Naomi Sved
Dr. Stephen Treat
Beulah Trey and Steve Masters
Martha Turner, M.D.
Martin Tuzman
Mark and Judith Tykocinski
Michael Veloric and
  Cindy Haveson Veloric
Melissa von Stade
Philip Wachs and Juliet Spitzer
Tasha Wahl
Rebecca Wall
Lana Watkins
April Westfall
Jennifer and Jeff Westphal
Susan Wilson
Peter C. Wool
Jacqueline and David Zavitz
Anthony and Tonya Zweier
Executive Staff

Deb D’Arcangelo
Chief Executive Officer

William F. Coffey, MSS, LCSW
Director of Clinical and Business Operations

Howard Cohen
Chief Financial Officer

Sara J. Corse, PhD
Director of Community Partnerships Initiative

Kenneth W. Covelman, PhD
Program Director, Couple & Family Therapy Program, Thomas Jefferson University

Rita DeMaria, PhD, LMFT, CST
Director, Healthy Relationships and Wellness Programs

Bea Hollander-Goldfein, PhD, LMFT
Director of Transcending Trauma Project

Nancy Isserman, MSW, PhD
Director of Operation Home and Healing

George James, PsyD, LMFT
Associate Program Director, Couple & Family Therapy Program, Thomas Jefferson University

Gloria Pugliese, MBA, CAP, CFRE
Director of Advancement

Priscilla Singleton, LCSW, LMFT
Director of Clinical Standards

Michele Southworth, JD, LMFT
Director, Post Graduate Certificate Program

Emma Steiner, MSW, LCSW, MFT
Associate Director of Clinical and Business Operations

Jane Summers, MD
Director, Women's Psychological Health Services and Medical Director

Rebecca Wall
Director of Administration

Board of Directors
(Active 7/1/18 - 6/30/19)

Patti Owens
Chair

Jim Carino
Vice Chair

Michael Veloric
Treasurer

Dave Bricker
Secretary

Keith Anderson

James Ask

Edward Blumstein, Esq.

Graham Brent

Rev. David W. Brown

Jeff Gibbard

Steven Kempf

Karen Ix, LMFT

Stanley Muravchick, MD

Robert Perkel, MD

Lana A. Watkins

Jackie Zavitz

Tonya Zweier
LOCATIONS

Blue Bell, PA
790 Penllyn Blue Bell Pike

Bryn Mawr, PA
625 Montgomery Avenue

Exton, PA
317 Exton Commons

Lawrenceville, NJ
2688 Main Street (Route 206)

Oxford Valley, PA
1 Oxford Valley Road

Paoli, PA
219 W. Lancaster Avenue

Philadelphia, PA – Center City
1800 JFK Boulevard

Philadelphia, PA – University City
4025 Chestnut Street

Voorhees, NJ
1000 White Horse Road

Wynnewood, PA
300 East Lancaster Avenue

info@councilforrelationships.org
(215) 382-6680
www.councilforrelationships.org
On November 9, 2019, Steve Treat received the Dr. Emily Hartshorne Mudd Award and was honored at a dinner by family, friends, and colleagues. The event, which paid tribute to Steve’s remarkable career, raised over $550,000 for Council’s work with underserved communities. Nearly 375 guests joined us to celebrate Steve, and guests heard tributes from Council Leadership as well as Steve’s family and colleagues.

Council for Relationships is grateful to those who sponsored and/or otherwise supported this event honoring the remarkable Steve Treat.
MANY THANKS TO THE GENEROUS DONORS WHO MADE THIS EVENT POSSIBLE:

Legacy Sponsors
David Haas
Spring Point Partners LLC
Jenifer & Jeff Westphal

Leadership Sponsors
Suzanne and Norman Cohn Family
Patricia Owens & Jeff Saltz

Visionary Sponsors
Jessica Berwind
Joanna Berwind
First Systems and Resources, Inc.
Rod & Kerry Henkels
JP Morgan Chase Foundation
Steven Kempf & Patti Noble
Bill Lasko & the Lasko Family Foundation
McCausland Foundation
Laura & Marc McKenna
Henry McNeil
The Salveson Family,
In Memory of Susan Salveson
Ed Satell & The Satell Institute

Impact Sponsors
Martie & Chuck Bernicker
Clint & Cecilia Brooks
Four Seasons Produce
Dale & Sadie High
In Memory of Edward F. McGinley, III
Relay Network
Serenite
Superior Family Office
Harriet & Larry Weiss

Patron Sponsors
Hankin Group
Friend Sponsors

William Alexander
Amy Alfred
Eileen Baird
Alice & Will Bast
Reid & Jan Blynn
Graham Brent & Karen Miller
Dave Bricker
Jim & Anne Carino
Terry & John Colburn
Ken & Sandra Covelman
Dr. Robert Crawford
Deb D’Arcangelo & Ed Dippold
Diane D’Arcangelo
Dilworth Paxson, LLP
Maurine Doggett & Jim Thacker
Charles Ehlers
Anna May & Tim Feige
FlynnO’Hara Uniforms
Nancy Gambescia & Mike Chenet
Janet & Joseph Goldblum
Robert Gretz
Timothy Hayes
The Hovey Family
Karen & David Ix
The Middleton Counseling Center at Bryn Mawr Presbyterian Church
Karin & Jonathan Miller
Stan Muravchick & Arlene Olson
Newmark Knight Frank
Mary Nixon
Kathleen Papa
Pennsylvania Trust
Dr. Robert Perkel
PhIRST
David & Alecia Pittinsky
Fred Putnam
Louisa Putnam
Thomas Putnam
John & Theresa Rollins
Stephen & Peggy Roth
Karen & Jim Rowley
Virginia Schirrmeister
The Snider Foundation
The Treat Family
Gary & Nancy Veloric
Michael & Cindy Veloric
Jacqueline & David Zavitz
Anthony & Tonya Zweier
MANY THANKS TO THE OTHER GENEROUS DONORS WHO SUPPORTED THIS EVENT:

Nancy Ameen & Toby Hoden
Anonymous (2)
Sherry Baker
Ray & Lauren Baran
Hilary Barrett & Robert Scarrow
Kimberly Bartlett
Laura Bashkin
James & Carol Beers
Margaret Billian
Jil & Bart Blatstein
Sarah Block
Ed Blumstein & Susan Perloff
Boys’ Latin of Philadelphia
Mary Brennan
Ira Brind & Stacey Spector
Deb & Tim Callahan
Michael & Jacque Cardone
Drew Christiano
Katherine Christiano
Kevin & Cyrene Christine
Pat Ciarrocchi
William & Sandra Coffey
Howard Cohen & Karen Sztencel
Seon Cohn
Patricia Connolly
Consortium, Inc.
Julia & Craig Corelli
Sara Corse
Joe & Kelly Culley
Delori Family Fund
Dr. Rita DeMaria
Nancy DePaul
Geoff Dickey
John & Joann Durham
Chelsea Eakin
Gregg & Sandi Epstein
Bruce & Aeryn Fenton
Lisa Formica
Susans Fox
Deidre & Lyle Frederick
David Gallick
James & Marianne Gannon
James & Phyllis Gannon
Germantown Jewish Centre
Gesu School
Bill & Julie Golderer
Sharna Goldseker
Julie Greenberg
Catherine Haas
Duncan Haas
Peter Haas
Thomas Haas
Melissa & Jonathan Habbershon
Chris & Carol Hanlon
Dorothy Hanran
John Hanran
Shelley & Steven Harris
Jeff & Karen Heft
Suzie & Tim Hegemier
Nancy Hjelm
Dr. Bea Hollander-Goldfein & Rabbi Rick Goldfein
Joshua Holmes
Jaime Howard
Art & Lisa Howe
M. Toquaia Jackson
The Department of Psychiatry and Human Behavior, Sidney Kimmel Medical College, Thomas Jefferson University
Andy Johnson & Wendy Axelrod
Tac Justi
Ruthy Kaiser
Arlan Kardon
The Kessler Family
Kate Kimbel
Arthur Kiron
Chase Kneeland
Lisa Koblin
Paul & Mary Lanken
Janet & Bill Lasko
Julie & Jerry Levitt
Carol & Michael Lilley
Claire Lomax
Dorothy Mandelbaum
Marjorie Margolies
Michele Marsh
The Mazzarelli Family
Tom & Ann McBride
Mike McGrann
Patricia Meyers
Sue & Walt Milbourne
Kerstin Miller
Timothy Moses
Charles Muorah
Allison Murray
Susan Neumann Gordon
Optima, Inc.
Nina Peskin
Colleen Philbin
David & Lucy Raizman
Sarah Roth
Jeremy & Sarah Rotter
S.T.A.R.
Ann Satterthwaite
Esther Schlessinger-Mita
Margaret Shapiro
Iris & Gregory Shea
Shreiner Tree Care
Priscilla & Jeffrey Singleton
Lindsay & Kate Smith
Arthur RG Solmssen & Julia Smith
Thomas Spann
SpeakUp!
Emma Steiner & Joe Leonard
William Stewart
Elizabeth Stone
Maureen Stridick
Henry Stursberg
Eric Tankel
Dr. Stephen Treat
Peter Trent
Mark & Judith Tykocinski
Michael & Andrea Voehringer
Harvey & Wendy Voron
Warren & Nancy Voter
Lee & Bill Warden
Rabbi Phil Warmflash
Lucy & Mike Weiss
April Westfall
Annie Westphal
Jake Westphal
Kyle Westphal
The Wharton School
Randolph & Nancy Williams
Tracy Wood
William & Kelly Yoh