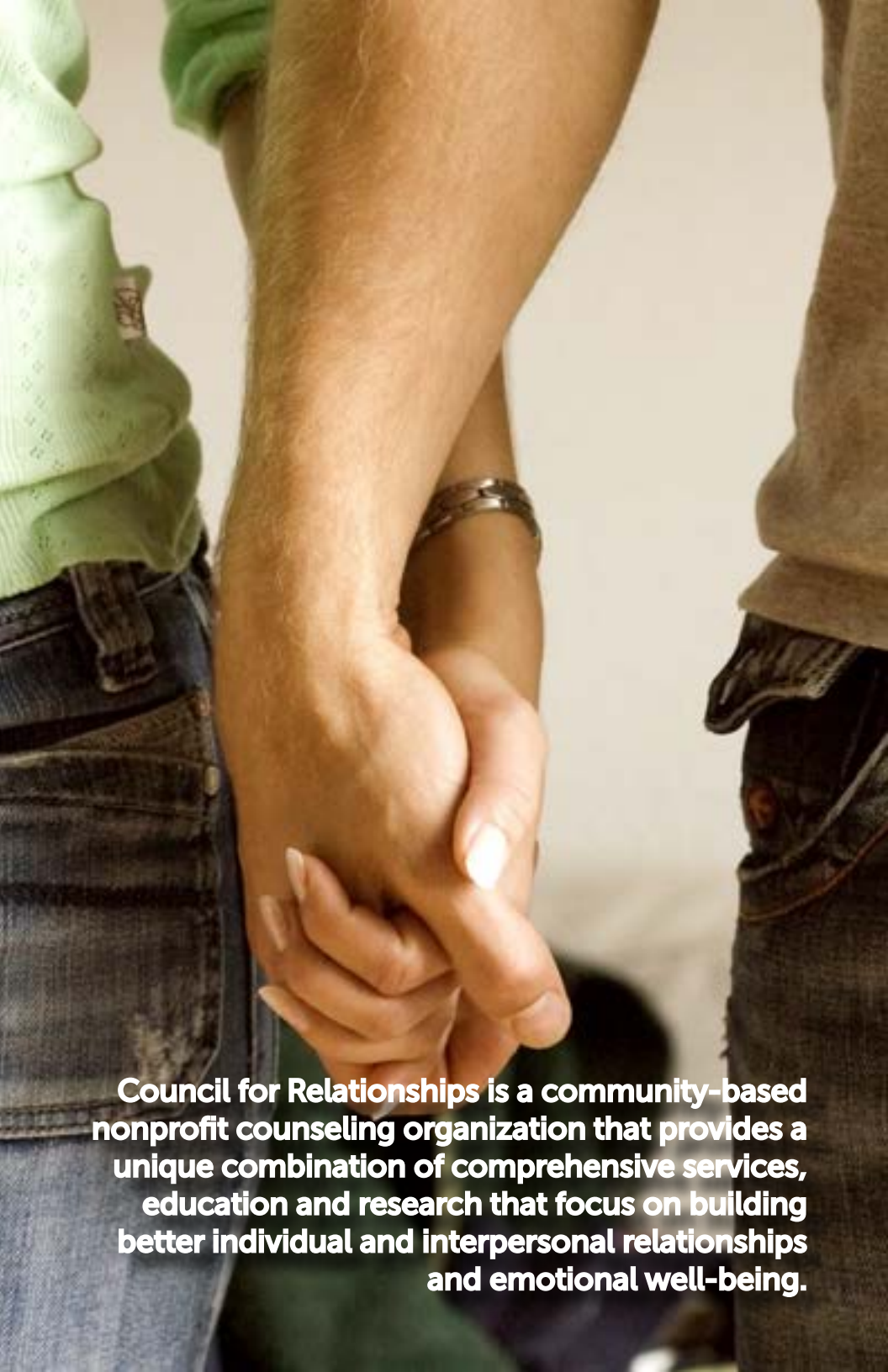


COUNCIL FOR
Relationships



ANNUAL REPORT 2014

www.councilforrelationships.org



Council for Relationships is a community-based nonprofit counseling organization that provides a unique combination of comprehensive services, education and research that focus on building better individual and interpersonal relationships and emotional well-being.

March 2015

Each and every year since Council for Relationships was founded in 1932, we have provided high quality counseling services to all those in need, regardless of ability to pay. We are proud to report that last year our therapists and interns provided more than 10,000 hours of clinical care to individuals and families with limited incomes. In addition to our office locations, we offered clinical care in 15 community settings. We trained clinicians through workshops, conferences, and seminars and through two accredited graduate level couple and family therapy training programs.

While our core mission and activities remain constant, we strive to innovate in clinical, clinician education, research, and administrative areas. Thanks to a grant from The Philadelphia Foundation, we implemented a practice management software last year. With this system in place, we have improved customer service, achieved billing and other administrative efficiencies, and strengthened our ability to describe the people we serve.

Through the support of our generous partners, donors, and funders, in 2015 we are launching new facilitated support groups for veterans and their families, designing webinars to better train therapists on issues of trauma and post-traumatic stress disorder, and expanding our reach to serve more vulnerable families. We hope that you will continue to support our organization as we continue to enhance services in support of our mission to help people live healthier lives.

Thank you!

Sincerely,

Amy Friedlander, MBA
Chief Executive Officer
Council for Relationships

Reid Blynn
Chair
Board of Directors



TREATMENT

More than 70 licensed psychologists, psychiatrists, and a diverse team of therapists and clinical interns at 9 offices and more than a dozen community based locations in Greater Philadelphia area provide counseling to families, couples, and individuals that focus on building better relationships and stronger emotional well-being. Last year, we provided over 40,000 hours of therapy, and nearly 10,000 hours of that counseling was provided free or low-fee to families with limited financial means.

TRAINING

Council for Relationships educates the next generation of relationship therapists through our American Association for Marriage & Family Therapy (AAMFT) accredited Masters and Post Graduate certificate programs. In FY14, the Post Graduate program served 28 full and part-time students and graduated 16 students. The Council also offers an AAMFT accredited Master's Degree program in Couple & Family Therapy in partnership with Thomas Jefferson University. In FY14, 37 full-time Masters students were enrolled in the program. Over 90% of our graduating students go on to work in the field.

RESEARCH

Council for Relationships conducted hundreds of psychosocial life histories of Holocaust survivors, their children, and their grandchildren. Their analysis resulted in multiple journal articles and two books: *Transcending Trauma: Survival, Resilience, and Clinical Implications in Survivor Families* and *Narrative Reflections: How Witnessing Their Stories Changed Our Lives*. A third book and a project website with podcasts of interviews in context are in progress. Transcending Trauma Project's findings served as the foundation of a recent training program for therapists working with veterans and veterans' families.

COMMUNITY PARTNERSHIPS INITIATIVE

The Community Partnerships Initiative is designed to increase access to counseling services for vulnerable populations. The Council brings services on site to homeless and formerly homeless individuals and families, elementary, middle and high school students, and families with children at risk of abuse or neglect. In addition to providing individual, couples, and family therapy, Council staff also lead groups in the community on topics such as grieving and loss and parenting, and are available for consultation, support, and guidance for community-based partner agency staff.

- In 2014, Council for Relationships provided 214 group therapy sessions in community settings for vulnerable populations.
- Council provided crisis intervention services to two community sites struggling with sudden client deaths.
- Therapists counseled veterans and their families on a sliding fee scale. Council also provided military culture and other specialized training to enhance therapists' ability to effectively counsel veterans and their families.
- We formed new partnerships with Philadelphia Power Corps, Philadelphia Ronald McDonald House, HELP Philadelphia transitional housing program, and Jane Addams Place homeless shelter to deliver therapeutic groups for children and adults, and onsite counseling.

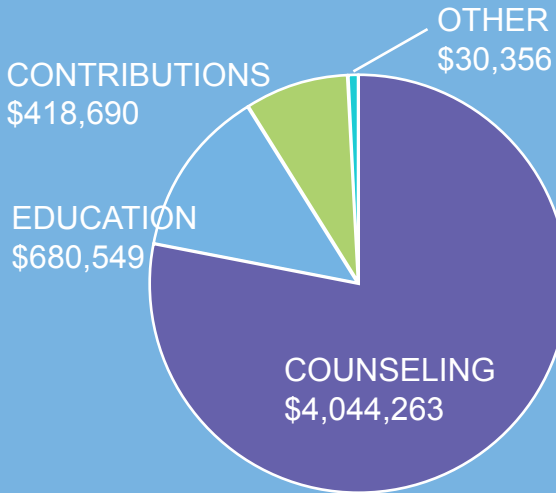


FINANCIALS

July 1, 2013 - June 30, 2014

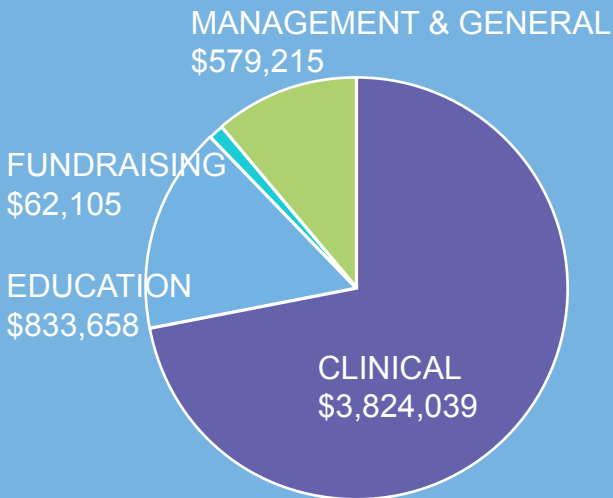
REVENUE

Total: \$5,173,858



EXPENSES

Total: \$5,299,017



CORPORATIONS

A La Maison Bistro
 Bryn Mawr Presbyterian Church
 The City of Philadelphia Mural Arts Program
 Compass Consulting
 Drexel University Recreation Center
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Lynn Zubernis, Ph.D.

Donors listed gave from the period beginning July 1, 2013 and ending June 30, 2014. This list is accurate to the best of our knowledge.

Please contact our at Development Office (215) 382-6680 x 3155 if your name has accidentally been omitted from this list.

LEGACY SOCIETY

Council for Relationships is honored to recognize those who have included us in their estate plans with membership in the newly formed Legacy Society. Planned and deferred gifts help to ensure continued access to quality counseling in the Greater Philadelphia area.

To learn more about the Council for Relationships' Legacy Society, please contact our Development Office.



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(215) 382-6680

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