Thanks to our wonderful clients and partners, hard-working staff, interns, and Board of Directors, and you, our supporters, Council for Relationships enjoyed continued success in our quest to provide excellent therapy and programs in Fiscal Year 2017, our 85th year.

We accomplished a great deal in meeting our philanthropic mission over the twelve-month period, as you will see highlighted later in this report. Our headline: approximately 1,800 people received counseling for low or no fee, representing a third of CFR’s 5,300 clients overall. This statistic is supplemented by the work of our education and training programs, the Community Partnerships Initiative, Operation Home and Healing, and the Transcending Trauma Project.

CFR made progress on strategic initiatives in Fiscal Year 2017, which marked the first in our three-year Strategic Plan. Accomplishments include:

• improving the experience of prospective clients by changing the process for initial inquiries;
• strengthening the partnership with Thomas Jefferson University, with whom our 10-year-old Master’s program is offered;
• exploring options for partnerships and other methods to address infrastructure needs, with accounting changes pursued and implemented;
• hiring a strong development and marketing team to better get the word out about CFR’s impact and raise funds to support our philanthropic efforts;
• attaining a financial surplus, representing 2.4% of the operating budget, already being reinvested to further our mission.

Fiscal Year 2017 also represents the last of about five years that Reid Blynn served as our Board Chair and Dr. Stanley Muravchick served as Board Vice Chair. With the change in fiscal years, Patricia Owens has become our new Board Chair, with Jim Carino serving as Vice Chair. We thank Reid and Stan for all of their past work for CFR and we are pleased that they both continue to serve on the Board.

Again, we thank you, our supporters, as well as the entire CFR family, for the funds, hard work, and good will that make it possible for Council for Relationships to provide high-quality care to so many people in our region now and in the years to come.

Dear Supporters:

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Patricia Owens
Board Chair

Deb D’Arcangelo
CEO
2017 HIGHLIGHTS

Community Partnerships Initiative Welcomed New Organizational Partners
The Community Partnerships Initiative increases access to counseling services for at-risk populations. Last year, our therapists provided 589 therapy sessions onsite at no cost.

Operation Home and Healing Held Conference on Veteran’s Mental Health - May 5, 2017
The conference featured leading experts in military and Veteran behavioral health. Almost 90 Veterans, military families, Veteran Serving Organizations, and mental health professionals were in attendance.

Mudd Award Honored Dr. Bhavna Shyamalan and the M. Night Shyamalan Foundation - June 14, 2017
Friends of CFR gathered for the 2017 Mudd Award Reception at the Center for Architecture and Design.

COMING IN 2018

Transcending Trauma Project Explores Application of Findings to New Populations
As research efforts continue, TTP will shift focus to outreach and bringing the contributions of the project to public and professional audiences.

CFR to Offer Online Therapy to Increase Access
Online Therapy will allow us to reach clients whose mental health care needs may have previously gone unmet due to location, medical diagnosis, or accessibility issues.

Women’s Psychological Health Services to Begin Accepting Clients
The new WPHS program matches women with the therapy and psychiatric services they need. The program is designed to serve women experiencing psychological symptoms related to reproductive or hormonal health issues across the lifetime.
Fiscal Year 2017 | July 1, 2016 - June 30, 2017

### Financials

#### REVENUE
- Clinical: $3,435,000
- Education and Training: $904,000
- Contributions: $402,000
- Other Income: $32,000

**Total Revenue**: $4,773,000

#### EXPENSES
- Clinical: $3,193,000
- Education and Training: $870,000
- Fundraising and Marketing: $188,000
- Management and General: $410,000

**Total Expenses**: $4,661,000

### Supporter Spotlight

@AmberellaXO is an artist and Council for Relationships client who receives low-fee counseling services. We thank Amberella for sharing her story and donating the proceeds from POWER HEARTS merchandise to support our community programs.

“As I began therapy at CFR, I began a new body of work called POWER HEARTS. These hearts have phrases of encouragement, self-love, and positivity. My therapist helped me regain my self-worth. My therapist encouraged me to keep going. My therapist taught me about healthy relationships. My therapist brought my shine back, brighter.”

### FY17 Therapy Services
- 5,313 clients served
- 1/3 clients received low or no fee services
- 33,707 hours of counseling

Council for Relationships is committed to providing quality therapy services to all, regardless of ability to pay.
We are grateful for the support of the following donors:

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The Buck Family Fund
The Charter Foundation
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