

**Mini Course: Families in Transition****Instructors: Priscilla Singleton and Michele Southworth****Date: Tuesdays May 14, 2019- June 11, 2019****Time: 9:00 AM - 12:00 PM**

The phenomenon of divorce has a large presence in modern-day America. Most clinicians will encounter the following constellation of issues in their practices: 1) couples making decisions about whether to stay in their marriages 2) families struggling at the brink or in the midst of the divorce transition; and 3) children and adult children of divorce, and post-divorce families dealing with single or shared parenting.

The course delineates the stages of the divorce process in its functional and dysfunctional aspects, as it unfolds for the adults and the children in the family, as well as for the family as a whole. It will also consider the strengths and limitations of the different forms that the post-divorce family can take. We will discuss family dynamics and treatment approaches for adults in conflict and for children under stress. The class will also cover treatment modalities such as mediation, co-parent counseling and parent coordination so that attendees can be well-informed about the options available to help the divorcing families with whom they may work.