

Low Fee Therapy Services

CFR is committed to strengthening interpersonal connections and communities through accessible and specialized therapy services for all. CFR is committed to making high-quality therapy services financially accessible wherever possible. Student Intern Therapists and many of our Staff Therapists provide low fee therapy services for clients who would not otherwise be able to access care due to financial barriers.



Systemic Therapy

Who do we help?

CFR provides treatment to thousands of individuals, couples, and families from diverse backgrounds and facing a wide variety of challenges, such as struggling to afford therapy. Couples and families are never placed on a waitlist.

How do we help?

CFR clinicians approach therapy from a systemic framework. This approach considers the individual in the context of the important relationships in their lives and is grounded in a belief that changes are more robust and sustained when couples and families heal together.

Our extensive experience and research shows that often the therapy process can be helped when other family members or loved ones are included.

Systemic therapy is dedicated to improving the lives of people in the context of the important relationships in their lives.

Learn More



To discuss services or to get your questions answered, call our Client Care team at 215-382-6680 ext. 1.



Working with Interns

Interns are closely supervised by senior CFR therapists. During the course of their time at CFR they have regular Clinical Supervision to discuss their cases and to review recordings of their sessions all for the purpose of providing quality, high-level clinical care.



Fees

Low fee sessions are offered with the goal of providing access to mental health services for those who may not otherwise have access due to financial limitations. Student Interns provide therapy services for \$20 to \$65 per session based on the client's income.