



Operation Home and Healing

CFR's Operation Home and Healing (OHH) provides counseling for active-duty service members, members of the National Guard and Reserves, and veterans of all eras (regardless of their characterization of discharge or combat status), and their families.

Approach

CFR's Operation Home and Healing (OHH) was founded in 2007 after recognizing a need for specialized therapy services for veterans, active-duty military, and their families in Greater Philadelphia. CFR's therapists aim to help service members, veterans, and their loved ones heal and become better partners, parents, and family members.

Since 2018, CFR has partnered with Headstrong, a national-facing mental health treatment practice, to provide rapid response, stigma-free, and confidential therapy to active-duty service members, members of the National Guard and Reserves, veterans of all eras, spouses, and children, regardless of their characterization of discharge or combat status.

Learn More



For more information, please email Nancy Isserman at nisserman@councilforrelationships.org or call 215-382-6680 ext. 3133.



Expertise

All OHH therapists and psychiatrists receive specialized and intensive training in military cultural competency, and many work with clients experiencing stressors such as PTSD, moral injury, military sexual trauma, and reintegration into civilian and family life.



Accessible

Confidential counseling for Veterans and their partners and families with or without the Veteran present at 9 locations and virtually across PA and NJ. **Receive an appointment within 48 hours.**



Affordable

Services are through Headstrong referrals, which provides the first 30 sessions at no-cost to the client, followed by a small copay for sessions thereafter. For all other clients, fees are on an income-based sliding scale and a subsidy is available providing 26 sessions for a \$20 copay for eligible clients.



Training

Training for mental health professionals and clergy serving military families or veterans in the Delaware Valley region.