



## OLDER ADULTS PROGRAM

THRIVING RELATIONSHIPS  
FLOURISHING COMMUNITIES



[www.councilforrelationships.org](http://www.councilforrelationships.org)



215-382-6680



Virtual & In-person

# **OAP OFFERS THERAPY, TRAINING, AND EDUCATION FOR ELDERS (60 YEARS OLD+) AND THEIR CAREGIVERS.**

## **SERVICES OFFERED**

### **COUNSELING & PSYCHIATRIC SERVICES**

Quality individual, relationship, and family therapy for older adults.

### **GROUP CLASSES**

Group classes for older adults on emotional stability, building relationships, grieving loss, and finding purpose in retirement.

### **CONSULTATION & EDUCATION FOR ORGANIZATIONS**

Consultation and education for organizations on culturally informed care for older adults, focusing on honoring diverse cultural and systemic contexts to meet their psychosocial needs and wants.

## **CONTACT**

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