



Sex Therapy Program

This program is designed for clinicians who want to expand their clinical expertise in sexuality. Eligible applicants must have a master's or higher-level degree in such fields as therapy (including MFTs), psychology, social work, nursing, and medicine. CFR is an organizational provider for AASECT. Our program provides major components required for AASECT Sex Therapist Certification. Additionally, it meets partial requirements for AAMFT certification.

Program Design

- 90 hours of sex therapy courses (3 10-week online courses)
- 14 hours of experiential SAR (Sexual Attitude Reassessment) workshop (14 CE Credits)
- 25 hours of online group supervision (25 CE Credits)
- Supervised clinical experience (your cases and/or CFR clients) towards the 300 clinical hours required by AASECT
- Additional workshops in sexology related topics



Systemic Sex Therapy Courses

Three 30-hour courses that present various aspects of Sexology and Sex Therapy, including the assessment and treatment of sexual disorders designated in the DSM-5.



Sexual Attitude Reassessment

A process-oriented, structured group experience, which promotes the therapist's awareness and comfort related to the sexuality of the self and others.

Learn More



For more information, please email Tiffani Smoot at tsmoot@councilforrelationships.org or call 215-382-6680 ext. 3236.

Program Details

Admission Requirements: MS or PhD, plus one year clinical experience

Calendar Type: Trimesters

Enrollment: Full or Part Time

Flexible Time Frame: Completion in 9 months plus supervision (individual and group) of sex therapy hours